Park & Thorntree Surgery

Park Surgery, One Life, Linthorpe Road, Middlesbrough, TS1 3QY – 0300 111 2300
Park Surgery, North Ormesby Branch, 131 Kings Road, Middlesbrough, TS3 6EY – 0300 111 2300
Thorntree Surgery, 11 Beresford Buildings, Middlesbrough, TS3 9NB – 0300 111 2300

November / December 2026







We pride ourselves on offering first class health care and as such, we are always happy to receive any comments or suggestions about what we are doing well and what we can do to improve our service.

For non-urgent advice or treatment, send us your query via the E-consult banner on our website. Online Consultation requests can be made at any time and will be responded to as soon as possible, usually within 2 working days.

Alternatively, you can visit your local pharmacy for clinical advice on minor health concerns.

For urgent issues or out of hours, you can also call the NHS on 111 or go online to seek NHS advice 111.nhs.uk

ARMED FORCES COVENANT

We are proud to announce that the practice has signed the Armed Forces Covenant, reaffirming our commitment to supporting serving personnel, veterans, reservists and their families. We are proud to recognise the valuable contribution made by the Armed Forces community and to ensure they receive the support, understanding and respect they deserve.

On Wednesday 4th November, the practice came together to pay tribute to our fallen veterans by laying a poppy wreath at the Cenotaph, honouring their bravery, sacrifice and the service they gave to our country. We will remember them.



Meet Our Doctors in Training!

We're proud to be a training practice at Park and Thorntree, helping to support the next generation of GPs. You might meet some of our GP Doctors in Training, Foundation Doctors, or Medical Students during your visit — they're all fully supervised and gaining valuable experience in family medicine.

Our current doctors in training are:

Dr Osas
Dr Hepworth
Dr Addy
&
Dr Rhada

Thank you to all our patients for giving them such a warm welcome — your support really makes a difference!

Appointments

At Park and Thorntree Surgery, we offer a range of appointments to meet your healthcare needs, including both same-day urgent appointments and routine appointments that can be booked in advance.

Appointments can be arranged by calling our reception team on **0300 111 2300**, through our online services, or by submitting an **eConsult** via our website. eConsult allows you to contact the practice online at a time that suits you and helps us direct your request to the most appropriate member of our team.

For more information and to access our online services, please visit our website: www.parksurgery.co.uk.







